

Lasagna Soup Recipe

Ingredients

- 1 lb. of ground beef or half Italian sausage
- 1 yellow onion, diced
- 4-5 garlic cloves, minced (or squeezed garlic in the bottle)
- 1 teaspoon red pepper flakes (or more based on preference)
- 1 24 oz. jar Prego Traditional Italian Sauce (make sure to add water to your jar to get remaining sauce out.)
- 8 cups chicken broth (low sodium preferred)
- 1 14 oz. can of crushed tomatoes
- 2 tablespoons tomato paste
- 2 teaspoons balsamic vinegar
- 2 teaspoons granulated sugar
- 1 tablespoon dried basil
- 1 tsp EACH dried parsley, dried oregano, salt
- 1/2 teaspoon pepper
- 1 whole bay leaf (optional)
- 12 uncooked lasagna noodles broken in half
- 1/2 cup heavy cream
- shredded mozzarella cheese (use a generous amount to your liking)
- Parmesan cheese (use a generous amount to your liking)
- ricotta cheese (use a generous amount to your liking)